

Trigonometric Substitutions For Integrals

Use the following trigonometric substitutions

$a^2 - u^2$	$u = a \cdot \sin \theta, -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$\theta = \sin^{-1} \frac{u}{a}$
$a^2 + u^2$	$u = a \cdot \tan \theta, -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$\theta = \tan^{-1} \frac{u}{a}$
$u^2 - a^2$	$u = a \cdot \sec \theta$ $0 \leq \theta < \frac{\pi}{2} \vee \pi \leq \theta < \frac{3\pi}{2}$	$\theta = \sec^{-1} \frac{u}{a}, u \geq a$ $\theta = 2\pi - \sec^{-1} \frac{u}{a}, u < -a$

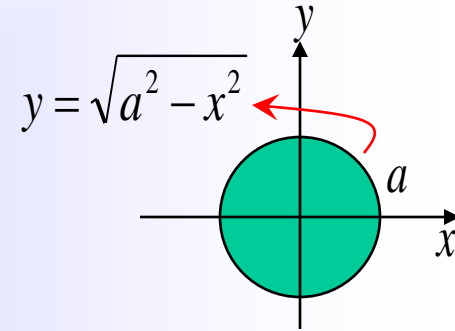
Exercise.

Show that the area of a circle of radius a is πa^2

Solution.

$$A = 4 \int_0^a \sqrt{a^2 - x^2} dx$$

$$x = a \cdot \sin \theta$$



$$\int \sqrt{a^2 - x^2} dx = \int \sqrt{a^2 - a^2 \sin^2 \theta} \times a \cos \theta d\theta$$

$$= \int a |\cos \theta| \times a \cos \theta d\theta = \int a^2 \cos^2 \theta d\theta$$

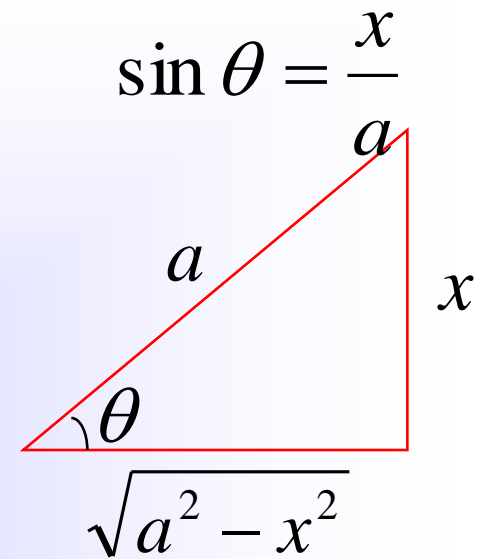
$$= a^2 \int \cos^2 \theta d\theta = a^2 \int \frac{1 + \cos 2\theta}{2} d\theta = \frac{a^2}{2} \int (1 + \cos 2\theta) d\theta$$

$$= \frac{a^2}{2} \left(\theta + \frac{\sin 2\theta}{2} \right) = \frac{a^2}{2} (\theta + \sin \theta \cdot \cos \theta)$$

$$= \frac{a^2}{2} \left(\sin^{-1} \frac{x}{a} + \frac{x}{a} \times \frac{\sqrt{a^2 - x^2}}{a} \right)$$

$$A = 4 \times \frac{a^2}{2} \left(\sin^{-1} \frac{x}{a} + \frac{x \cdot \sqrt{a^2 - x^2}}{a^2} \right) \Bigg|_0^a$$

$$= 2a^2 \left(\frac{\pi}{2} + 0 - 0 \right) = \pi a^2$$



$$\sin \theta = \frac{x}{a}$$

$$\cos \theta = \frac{\sqrt{a^2 - x^2}}{a}$$

Exercise.

$$I = \int \frac{e^t dt}{(e^{2t} + 8e^{2t} + 7)} = ?$$

Solution.

$$e^t + 4 = u \Rightarrow e^t dt = du \quad u = 3 \sec \theta \Rightarrow du = 3 \sec \theta \tan \theta d\theta$$

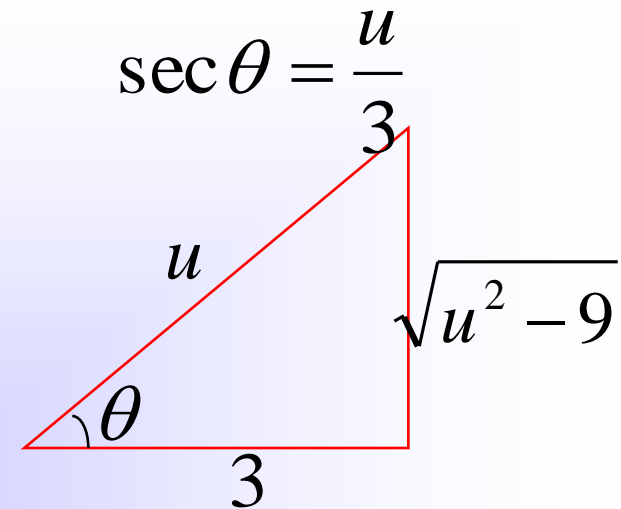
$$I = \int \frac{e^t dt}{((e^t + 4)^2 - 9)^{\frac{3}{2}}} = \int \frac{du}{(u^2 - 9)^{\frac{3}{2}}} = \int \frac{3 \sec \theta \tan \theta d\theta}{(9 \sec^2 \theta - 9)^{\frac{3}{2}}}$$

$$= \int \frac{3 \sec \theta \tan \theta d\theta}{27 \tan^3 \theta} = \frac{1}{9} \int \frac{\sec \theta}{\tan^2 \theta} d\theta = \frac{1}{9} \int \frac{1}{\frac{\sin^2 \theta}{\cos^2 \theta}} d\theta$$

$$= \frac{1}{9} \int \frac{\cos \theta}{\sin^2 \theta} d\theta = \frac{1}{9} \int \sin^{-2} \theta \cos \theta d\theta$$

$$= -\frac{1}{9} (\sin \theta)^{-1} + c = -\frac{1}{9} \csc \theta + c$$

$$= \frac{-1}{9} \frac{u}{\sqrt{u^2 - 9}} + c = \frac{-1}{9} \frac{e^t + 4}{\sqrt{(e^t + 4)^2 - 9}} + c$$



$$\csc \theta = \frac{u}{\sqrt{u^2 - 9}}$$

Exercise.

Find the length of the arc $y = \ln x$, $1 \leq x \leq 3$.

Solution.

$$l = \int_1^3 \sqrt{1 + \left(\frac{1}{x}\right)^2} dx = \int_1^3 \sqrt{\frac{1 + x^2}{x^2}} dx = \int_1^3 \frac{1}{x} \sqrt{1 + x^2} dx$$

$$x = \tan \theta \Rightarrow dx = \sec^2 \theta d\theta$$

$$\Rightarrow \int \frac{1}{x} \sqrt{1 + x^2} dx = \int \frac{1}{\tan \theta} \sqrt{1 + \tan^2 \theta} \sec^2 \theta d\theta$$

$$= \int \frac{\sec^3 \theta}{\tan \theta} d\theta = \int \frac{d\theta}{\sin \theta \cos^2 \theta}$$

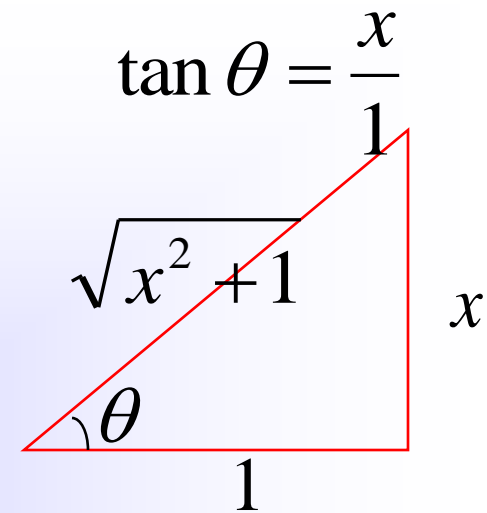
$$= \int \frac{\sin^2 \theta + \cos^2 \theta}{\sin \theta \cdot \cos^2 \theta} d\theta = \int \frac{\sin \theta}{\cos^2 \theta} d\theta + \int \frac{d\theta}{\sin \theta}$$

$$= \int \sin \theta \cdot \cos^{-2} \theta d\theta + \int \csc \theta d\theta$$

$$= \frac{1}{\cos \theta} + \ln |\csc \theta - \cot \theta|$$

$$= \sqrt{x^2 + 1} + \ln \left| \frac{\sqrt{1 + x^2}}{x} - \frac{1}{x} \right|$$

$$\Rightarrow l = \sqrt{x^2 + 1} + \ln \left| \frac{\sqrt{1 + x^2}}{x} - \frac{1}{x} \right| \Bigg|_1^3$$



$$\frac{1}{\cos \theta} = \frac{\sqrt{x^2 + 1}}{1}$$

$$\csc \theta = \frac{\sqrt{x^2 + 1}}{x}$$

$$\cot \theta = \frac{1}{x}$$